



I, Mary McIntyre am a Registered Holistic Nutritionist™, a Registered Nutritional Consulting Practitioner and a Registered Orthomolecular Health Practitioner. I am an honours graduate of the [Canadian School of Natural Nutrition](#) and member in good standing with the [Canadian School of Natural Nutrition Alumni Association \(CSNNAA\)](#) and the [International Organization of Nutritional Consultants \(IONC\)](#). In addition, I am a Certified Metabolic Coach and Certified Lifestyle Educator in First Line Therapy. Drawing on my background, training, skills, and life experiences, I support my clients of Mary McIntyre Natural Nutrition by providing information and/or services for educational purposes only.

I am not a medical doctor, and none of the content of this website or any of the programs are intended to provide medical advice, diagnose, treat, or cure any diseases. It is intended to be provided for informational, educational, and self-empowerment purposes ONLY. Please consult with your primary care physician or licensed healthcare provider if you have any questions regarding your condition, the whole foods program or any of the services and/or products (including but not limited to foods, supplements, or use of natural products) offered on this website, and then make your own well-informed decisions based upon what is best for your unique genetics, culture, conditions, and stage of life.

All recipes shared on this website are healthy and nutritious. Please check the ingredients carefully for any food allergens, food sensitivities or intolerances that you might have. Mary McIntyre Natural Nutrition & Eat Live Love cannot be held accountable for any loss, damage or health consequence resulting from you consuming any of those foods or individual ingredients in the recipes. This includes foods recommended by Mary McIntyre Natural Nutrition on the blog, recipes, health food programs or any other media of communication. If you are concerned about consuming any specific food, or any reactions you might have, please consult with your primary care physician or licensed healthcare provider.

2386 Postmaster Drive
Oakville, ON L6M 4Z4
905-399-4363
info@marymcintyre.ca
www.eatlivelove.ca





As with most digital and print offerings, from audio and eBook retailers: There are no refunds on programs or products that can be downloaded, viewed, copied, or stored in an electronic format. Therefore, the programs on this website are non-refundable, so please read the full program details before purchasing any program or product being sold on this website.

All materials are copyrighted and remain the property of their respective owners. Materials made available to visitors of the website, to the private group forums, by email, or any other means, may not be distributed in any fashion, print nor electronic, without the expressed written permission of the respective owner. Copyright © 2016 Mary McIntyre Natural Nutrition. All rights reserved.

PLEASE NOTE: All contents within this guide are based on my personal knowledge, opinions, and experience as a Registered Holistic Nutritionist™. Please consult a medical doctor regarding medications or medical advice.

Thank you for your professional understanding.

I look forward to working with you.

2386 Postmaster Drive
Oakville, ON L6M 4Z4
905-399-4363
info@marymcintyre.ca
www.eatlivelove.ca

